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|--|--|--|---|---|---|---|---|
|  <p><b>Coast Live Oak</b><br/><i>Quercus agrifolia</i></p>               | Acorns edible if treated                                 | None   | Wood used for building & furniture            |  <p><b>Douglas fir</b><br/><i>Pseudotsuga menziesii</i></p>        | Seeds & buds edible<br>Tea made with leaves | Resin used to poultice cuts                                   | used as Christmas trees   |
|  <p><b>California Bay Laurel</b><br/><i>Umbellularia californica</i></p> | Nuts edible when roasted                                 | Oil for tooth, ear & head aches<br>Congestion relief                 | strong smelling leaves                        |  <p><b>pine tree</b><br/><i>Pinus species</i></p>                  | Seeds are edible                            | none  | Wood used for building & flooring                                       |
|  <p><b>Big Leaf Maple</b><br/><i>Acer Marophyllum</i></p>                | Leaves can be used to wrap food for storage              | None   | wood used to make instruments                 |  <p><b>Willow</b><br/><i>Salix species</i></p>                     | For pain relief                             | Bark tea for headache, fever & sore throat                    | Deer rub antlers on bark for pain relief                                |
|  <p><b>Toyon</b><br/><i>Heteromeles arbutifolia</i></p>                 | Berries are edible                                       | Berries used as a laxative<br>Tea form boiled leaves for stomachache | birds and mammals eat the berries             |  <p><b>California buckeye</b><br/><i>Aesculus californica</i></p> | Seed roasted or leached                     | None  | host plant for spring azure butterfly                                   |
|  <p><b>Manzanita</b><br/><i>Arctosatyphlos species</i></p>             | Berries can be eaten raw or cooked & ground into a flour | None   | Butterflies drink the nectar from the flowers |  <p><b>Soap root</b><br/><i>Chlorogalum pomeridianum</i></p>     | Leaves & roots roasted                      | Antiseptics, laxatives, diuretics, & pain-relieving body rubs | Used for cleaning, Stunning fish for harvesting, Glue is made from bulb |